

1 ***Cyp8b1* ablation prevents western diet-induced weight gain and hepatic steatosis due to impaired**
2 **fat absorption**

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13 **Running Head:** Eliminating 12 α hydroxy bile acids reduces lipid absorption

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18 Key Words: Bile acids; lipid absorption; obesity; diabetes; triglyceride

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21 **ABSTRACT**

22 Bile acids (BAs) are cholesterol derivatives that regulate lipid metabolism, through their dual abilities
23 to promote lipid absorption and activate BA receptors. However, different BA species have varying
24 abilities to perform these functions. Eliminating 12 α -hydroxy BAs in mice via *Cyp8b1* knockout causes
25 low body weight and improved glucose tolerance. The goal of this study was to determine mechanisms of
26 low body weight in *Cyp8b1*^{-/-} mice. We challenged *Cyp8b1*^{-/-} mice with western type diet and assessed
27 body weight and composition. We measured energy expenditure, fecal calories, lipid absorption and
28 performed lipidomic studies on feces and intestine. We investigated the requirement for dietary fat in the
29 phenotype using a fat-free diet. *Cyp8b1*^{-/-} mice were resistant to western diet-induced body weight gain,
30 hepatic steatosis, and insulin resistance. These changes were associated with increased fecal calories, due
31 to malabsorption of hydrolyzed dietary triglycerides. This was reversed by treating the mice with
32 taurocholic acid, the major 12 α -hydroxylated BA species. The improvements in body weight and
33 steatosis were normalized by feeding mice a fat-free diet. The effects of BA composition on intestinal
34 lipid handling are important for whole-body energy homeostasis. Thus, modulating BA composition is a
35 potential tool for obesity or diabetes therapy.

36

37 **INTRODUCTION**

38 Bile acids (BAs) are amphipathic molecules synthesized in the liver from cholesterol. They are well-
39 known for their role as surfactants, and this function is fundamental for the absorption of lipids and
40 liposoluble vitamins upon the ingestion of a meal (8, 10, 34). Since the discovery of FXR and TGR5 as
41 target receptors for BAs, a wealth of data has shown that BAs act as signaling molecules in various
42 tissues throughout the body, regulating a variety of metabolic pathways (21, 24, 27, 28, 31, 41).

43 Two key enzymes of BA synthesis are CYP7A1 and CYP8B1. The former carries out the rate-limiting
44 first step of BA synthesis. The latter—CYP8B1—is a BA 12 α -hydroxylase that determines the production
45 of cholic acid ([CA], which is 12 α -hydroxylated) versus chenodeoxycholic acid ([CDCA], which is not).
46 In rodents, CDCA is 6-hydroxylated soon after its synthesis into muricholic acids (MCA). Endogenously
47 produced primary BAs can be further modified by intestinal microbes into secondary BAs, such as
48 deoxycholic acid, which is generated from CA and is 12 α -hydroxylated. Every BA species has unique
49 physicochemical properties that can affect its interaction with BA receptors (25, 33), as well as its ability
50 to solubilize lipids and cholesterol (40, 43).

51 The importance of BA composition in metabolism in humans was underscored by our finding that
52 individuals who are very insulin sensitive have lower levels of 12 α -hydroxylated BAs, whereas those
53 who are insulin resistant have higher levels (13). These alterations are consistent with (i) the regulation of
54 *Cyp8b1* by the insulin-repressible FOXO transcription factors (15), (ii) the increases in 12 α -hydroxylated
55 BAs in rodent models of diabetes (2, 3, 36, 37), and (iii) the observations that obese and type 2 diabetic
56 subjects preferentially synthesize 12 α -hydroxylated BAs (6, 14). Moreover, we found that low BA 12 α -
57 hydroxylation was associated with lower BMI, lower triglycerides, improvements in fatty liver, and
58 enhanced insulin-stimulated glucose disposal (13). These findings raised the possibility that 12 α -hydroxy
59 BAs regulate metabolic homeostasis. Indeed, the absence of 12 α -hydroxy BAs, as found in *Cyp8b1*^{-/-}

60 mice, has been linked to reduced cholesterol absorption (30), reduced atherosclerosis (32), as well as low
61 body weight and improved glucose homeostasis (4, 20).

62 In this work we investigated the role of 12 α -hydroxylated BAs in intestinal lipid absorption and the
63 implications of this pathway on western diet-induced body weight gain. We show that ablating *Cyp8b1*,
64 thereby eliminating 12 α -hydroxylated BAs (26), leads to reduced absorption of dietary triglyceride, with
65 intact triglyceride hydrolysis. This prevents western diet-induced body weight gain, fat accumulation, and
66 steatosis, and improves insulin sensitivity. These alterations occur due to alterations of BA composition,
67 not total levels, as *Cyp8b1*^{-/-} mice have no decrease—and in fact a slight increase—in total BAs (26). Taken
68 together, these data suggest CYP8B1 as a potential therapeutic target for obesity and diabetes.

69

70 MATERIALS AND METHODS

71 *Mice and Diets*—*Cyp8b1*^{-/-} mice were generated at Taconic using a C57BL/6 background (model
72 11784). All the mice used in the experiments came from crossing of a heterozygous couple, in order to
73 have control, *Cyp8b1*^{+/-} and *Cyp8b1*^{-/-} littermates. Only male mice between 8-12 weeks of age were used
74 for the experiments.

75 Mice were fed standard chow diet (3.4 kcal/g, Purina 5053), western type diet (4.5 kcal/g, 42% kcal
76 from fat and 0.2% cholesterol, TD 88137, Envigo) or fat-free diet, (3.3 kcal/g; 24.2% kcal from protein,
77 75.8% from carbohydrate, TD 03314, Envigo) for up to four weeks before euthanasia. Mice were housed
78 in a 12-hour light/dark cycle. The 16-hour fast began at 6:00 pm and the refeeding at 10:00 am. Food
79 intake measurement was obtained by mice caged individually with a food dispenser located inside the
80 cage. Euthanasia was performed by CO₂ asphyxiation followed by cervical dislocation. All experiments
81 were conducted in accordance to Columbia University IACUC guidelines.

82 *Gene Expression*—RNA was extracted from liver using Trizol (Life Technologies), cDNA was
83 obtained using High Capacity cDNA reverse transcription kit (Applied Biosystem). qPCR was performed
84 with iTaq Universal SYBR green supermix (BioRad). 36b4 was used as housekeeping gene for
85 normalization.

86 36b4 Fwd: AGATGCAGCAGATCCGCAT 36b4 Rev: GTTCTTGCCCATCAGCACC

87 Cyp8b1 Fwd: GCCCACAGCCTTCAAGTATG Cyp8b1 Rev: CGACCAGCTTGAAGTCGAAG.

88 *Metabolic tests*—The oral glucose tolerance test was performed 2 weeks after the start of western type
89 diet (WTD) feeding. We subjected mice to a 16-h overnight fast followed by oral administration of
90 glucose by gavage (2 g/kg). Glucose levels were assessed with OneTouch glucose monitor and strips
91 (Lifescan). Insulin was measured using an ELISA Kit (Mercodia). Fasted glucose and insulin we
92 measured at 10:00 am after a 16-h overnight fast. Body composition was assessed using an time-domain-
93 NMR (Minispec Analyst AD; Bruker Optics) (16).

94 Lipid extraction from liver was performed as described (11). Lipids were measured using colorimetric
95 assays: triglycerides (Infinity, Thermo Scientific) and cholesterol (Cholesterol E, Wako), and values were
96 normalized by liver weight. Oil Red O staining was performed on snap-frozen liver sections .

97 For the glycogen measurement, 200 mg of liver from mice refed for 5h was homogenized in 1 ml of
98 6% perchloric acid and centrifuged at 18000xg for 10 min at 4°C. The supernatant was added to distilled
99 water in a 1:1 ratio and centrifuged again. The supernatant was adjusted to pH 7.0 with KOH and
100 centrifuged, the supernatant was incubated with amyloglucosidase (Sigma A7420, from aspergillus niger
101 30-60 unit/mg) at 42°C for 2 hours. Released glucose was quantified using glucose assay kit (Sigma).

102 *Bile acid pool measurements.* To measure the total BA pool, we fasted chow-fed mice for 5-hours,
103 euthanized them, and collected the liver + gallbladder + small intestine. We doubly homogenized these
104 tissues together in 2 volumes of 50% methanol using a rotor stator homogenizer, followed by a dounce
105 Teflon/glass homogenizer. To 200 µl of each sample, we added deuterated bile acid standard (20 µl of 25
106 µM d4-cholic acid). In parallel, we generated calibrator curves of each BA measured, in charcoal-stripped
107 tissue. To each sample/calibrator, we added 2 ml ice-cold acetonitrile, vortexed for 1 hour at 2000 rpm,
108 and centrifuged for 10 min at 11,000xg. Supernatants were transferred to clean glass tube and dried down
109 at 45 degrees C under nitrogen. We then extracted each sample/calibrator a second time in 1 ml of ice
110 cold acetonitrile, vortexed for 1 hour at 2000 rpm, centrifuged 10 min at 11,000xg. The supernatant of the
111 second extraction was combined with the first, and dried down at 45 degrees C under nitrogen. We

112 resuspended each sample in 200µl of 55/45 (v/v) methanol/water both with 5mM ammonium formate.
113 Samples were spun in UltraFree MC 0.2µm centrifugal filters (Millipore), transferred to LC/MS vials, and
114 10µl were injected into UPLC-MS/MS (Waters).

115 *Metabolic Cages*–Indirect calorimetry and activity measurements were performed with
116 Comprehensive Lab Animal Monitoring system (CLAMS) opencircuit Oxymax system (Columbus
117 Instruments). Mice were individually housed in cages with a known O₂ concentration and flow rate. After
118 one day of acclimation, measurements were carried on for four days.

119 *Bomb calorimetry*–Feces were collected from mice caged individually for a 24-hour period either
120 during ad libitum feeding or during 24-hour refeeding after a 16-hour fast. Samples were ground to a fine
121 powder and calorie content of each sample was determined with a calorimeter (Parr Instrument
122 Company).

123 *Triolein gavage*–For lipid absorption analysis the mice underwent a 4h fast between 7:00 and 11:00,
124 then were injected intraperitoneally with Poloxamer 407 (1 g/kg body weight, BASA Corp.) in PBS (29),
125 before receiving an oral gavage with 200 µl of olive oil containing 2.5 µCi of [³H] triolein ([9-10-
126 ³H(N)]triolein; Perkin Elmer).

127 Mice were bled before the gavage as time 0, and then at 1, 2, 4, 8, 24h post-gavage. Plasma samples
128 were analyzed for radioactivity (Tricarb 2910TR Scintillation counter; Perkin Elmer). Lipid extraction
129 from intestine was performed as described (1). For TCA treatment, mice were orally gavaged with 17
130 mg/kg taurocholic acid in 1.5% NaHCO₃ for three consecutive days at 6:00 pm (20), the experiment was
131 performed on the fourth day. This dose was chosen based on earlier publications demonstrating that a
132 dose in this range has limited or no effects on the BA pool of wild-type mice, but can be expected to raise
133 the TCA levels in the TCA-deficient Cyp8b1 knockout mice (19, 22).

134 *TLC separation of lipids*–Lipid extracted from the feces or jejunum of mice gavaged with [³H] triolein
135 were spotted on a silica plate for thin layer chromatography (Millipore), these were developed with a
136 solvent mixture: hexane, diethyl ether, acetic acid (70/30/1 v/v). The lipid species were identified using a
137 running standard composed of the following lipids: Oleic acid, 1-Oleoyl-rac-glycerol, 1,2-Dioleoyl-sn-

138 glycerol, 1,3-Diolein, Triolein (all from Sigma Aldrich). Lipid species were visualized with iodine
139 staining and corresponding spots were scraped in a scintillation tube for following radioactive counting.

140 *Analysis of Lipids Using High Performance Liquid Chromatography-Mass Spectrometry*–Lipid
141 extracted from intestine and feces were measured separately on two platforms. Free fatty acids were
142 measured at the Biomarkers Core Laboratory of Columbia University on a Waters Xevo TQ MS
143 ACQUITY UPLC system (Waters, Milford, MA) as previously described (9). Other lipid species were
144 analyzed using a 6490 Triple Quadrupole LC/MS system (Agilent Technologies, Santa Clara, CA).
145 Glycerophospholipids and sphingolipids were separated with normal-phase HPLC as reported before (7),
146 with a few modifications. An Agilent Zorbax Rx-Sil column (inner diameter 2.1 x 100 mm) was used
147 under the following conditions: mobile phase A (chloroform:methanol:1 M ammonium hydroxide,
148 89.9:10:0.1, v/v) and mobile phase B (chloroform:methanol:water:ammonium hydroxide, 55:39.9:5:0.1,
149 v/v); 95% A for 2 min, linear gradient to 30% A over 18 min and held for 3 min, and linear gradient to
150 95% A over 2 min and held for 6 min. Sterols and glycerolipids were separated with reverse-phase HPLC
151 using an isocratic mobile phase as before (7) except with an Agilent Zorbax Eclipse XDB-C18 column
152 (4.6 x 100 mm). Quantification of lipid species was accomplished using multiple reaction monitoring
153 (MRM) transitions and instrument settings that were developed in earlier studies (7, 12) Each sample was
154 spiked with a mix of internal standards, containing known concentrations for each of the following
155 species: PA 14:0/14:0, PC 14:0/14:0, PE 14:0/14:0, PI 12:0/13:0, PS 14:0/14:0, SM d18:1/12:0, MG 17:0,
156 4ME 16:0 diether DG, D₅-TG 16:0/18:0/16:0 (Avanti Polar Lipids, Alabaster, AL). Endogenous lipid
157 species levels were calculated by measuring its signal intensity relative to the signal intensity of the
158 relevant internal standard species and multiplied by the concentration of the internal standard species.

159

160 *Statistical Analyses*–Data are presented as mean ± SEM. Data were analyzed by one and two-way
161 ANOVA or student’s t-tests, as reported in figure legends.

162

163

165 **RESULTS**

166 *Cyp8b1*^{-/-} ablation eliminates 12 α -hydroxy BA production and increases total BA production.–We
167 confirmed in our independently generated, C57BL/6-backcrossed *Cyp8b1*^{-/-} mouse line that expression
168 levels of *Cyp8b1* mRNA were undetectable in knockouts, while heterozygous mice had an intermediate
169 reduction (Fig. 1A). Mice lacking *Cyp8b1* have previously been shown to lack all 12 α -hydroxylated BAs,
170 while total BAs are not reduced, due to compensatory increases in non-12 α -hydroxylated BAs (26). To
171 investigate this in our mouse line, and test the gene-dosage effects, we measured the total BA pool (liver
172 + gallbladder + small intestine) in each genotype. Complete BA data sets are provided in Table 1. We
173 found that *Cyp8b1*^{-/-} mice had extremely low levels of 12 α -hydroxylated BAs and an expansion of the
174 non-12 α -hydroxylated BAs (Fig. 1B-C), as expected. This led to a substantial reduction in the ratio of
175 12 α -hydroxylated to non-12 α -hydroxylated BAs (Fig. 1D). There was no significant difference in BA
176 pool size between knockouts and controls, although there was a decrease in the knockouts compared to
177 the heterozygous mice (Fig. 1B). The heterozygous mice showed an intermediate change in BA pool
178 composition (Fig. 1B-D). These findings demonstrate that deletion of *Cyp8b1* leads to gene dosage-
179 dependent decreases in 12 α -hydroxy BA composition.

180 *Cyp8b1*^{-/-} mice gain less weight when fed a western type diet–We analyzed the body weight of mice
181 fed a standard chow diet, and at 8 weeks of age *Cyp8b1*^{-/-} mice had a lower body weight than littermate
182 controls (Fig. 2A), similar to what was previously reported (20). Next we selected mice from each
183 genotype that were weight-matched, due to natural variation, and fed them for four weeks with western
184 type diet (WTD), containing 42% kcal from milkfat and 0.2% cholesterol. We found that *Cyp8b1*^{-/-} mice
185 gained less weight than controls, leading to 15.2% lower body weight after four weeks (Fig. 2B). Analysis
186 of body composition revealed that this difference was entirely due to fat mass, as *Cyp8b1*^{-/-} mice gained
187 47% less fat mass than controls (Fig. 2C-D). There were no differences in body length (Control: 9.50 \pm
188 0.08 cm; *Cyp8b1*^{+/-} 9.41 \pm 0.05 cm; *Cyp8b1*^{-/-} 9.31 \pm 0.03 cm, p = 0.4 and 0.07). *Cyp8b1* heterozygous
189 mice showed no significant differences in body weight or body composition compared to wild-type
190 controls.

191 Consistent with their low body weight and with previously published findings (4, 20), WTD-fed
192 *Cyp8b1*-deficient mice showed improved insulin sensitivity. Both *Cyp8b1*^{-/-} and *Cyp8b1*^{+/-} mice showed
193 lower insulin levels after a 6-hour fast, with normal plasma glucose (Fig. 2E-F). The knockouts tended to
194 have increased liver glycogen upon refeeding (p=0.052, Fig. 2G). These mice also showed improved oral
195 glucose tolerance, with a 20% decreased area under the curve, compared to wild-type controls (Fig. 2H-I).
196 These findings demonstrate that WTD-fed *Cyp8b1*^{-/-} mice have improved insulin sensitivity compared to
197 WTD-fed littermate controls. Heterozygous *Cyp8b1*^{+/-} mice showed no significant difference in liver
198 glycogen or glucose tolerance compared to controls, although their fasting insulin was lower, thus their
199 improvements in insulin sensitivity were milder than total knockouts.

200 *Cyp8b1*^{-/-} mice are resistant to liver lipid accumulation—There was an 80% reduction in liver
201 acylglycerols and cholesterol of *Cyp8b1* deficient mice fed a WTD compared to littermate controls (Fig.
202 3A-C). *Cyp8b1*^{+/-} mice showed a trend towards decreased plasma cholesterol in re-fed conditions
203 (p=0.078), but no changes in plasma triglycerides (Fig. 3D-E). These findings demonstrate that the
204 absence of *Cyp8b1* protects almost completely against WTD-induced hepatic steatosis.

205 *Fecal caloric content, but not energy expenditure, can contribute to protection from western type diet*
206 *feeding*—Next we measured energy expenditure and metabolic fuel selection in WTD-fed mice to identify
207 any imbalances in energy metabolism. We found no differences in energy expenditure, respiratory
208 exchange ratio, oxygen consumption, locomotor activity, or food intake between the genotypes (Fig. 4A-
209 E). Thus, neither excess energy expenditure nor decreased food intake can explain the low body weight of
210 WTD-fed *Cyp8b1* knockout mice. To exclude the possibility that the difference in body weight could
211 influence energy expenditure calculations, we also normalized the measurement per gram of body weight,
212 but still found no differences between the genotypes (Fig. 4F).

213 We hypothesized that reduced intestinal lipid absorption due to the altered BA composition might
214 explain the protection from both the body weight gain and liver lipid accumulation in *Cyp8b1*^{-/-} mice. We
215 first investigated this by performing bomb calorimetry to analyze the calorie content of the feces. We
216 found that during both standard chow and WTD feeding, *Cyp8b1*^{-/-} mice had increased fecal calorie

217 excretion, with a greater discrepancy with the latter diet (Fig. 5A-B), while still producing the same
218 amount of feces (Fig. 5-C-D).

219 *Cyp8b1* deficiency increases excretion of hydrolyzed fats—We expected that the increased calories in
220 feces of *Cyp8b1*^{-/-} mice were caused by lipid excretion. Indeed, these mice are known to have poor
221 cholesterol absorption (30), however, the mechanisms responsible for the absorption of cholesterol and
222 triglyceride are distinct (18). For example, bile acid composition regulates cholesterol absorption through
223 effects on solubility of cholesterol in the lumen as well as esterification of cholesterol within the
224 enterocyte (44). To test the absorption of dietary fat, and to determine the types of lipids excreted, we
225 performed lipidomic analysis of fecal samples, collected over a 24-hour period. We also analyzed
226 intestinal samples, collected after a 5-hour refeeding period. Intestinal samples contained intact tissue as
227 well as any luminal contents. When expressed as relative values (*Cyp8b1*^{-/-} versus controls), we found
228 that acylglycerols, and free fatty acids were substantially higher in feces of *Cyp8b1*^{-/-} mice, particularly
229 for fatty acids with longer acyl chain lengths (Fig. 6A-B, Tables 2-3). In the upper small intestine, most
230 lipid species were normal or slightly elevated in *Cyp8b1*^{-/-} mice. In the lower small intestine and large
231 intestine *Cyp8b1*^{-/-} mice had marked decreases in most lipids in these mice, except free fatty acids which
232 were higher, especially saturated fatty acids.

233 When expressed quantitatively, we found that free fatty acids were the most abundant lipids in feces of
234 *Cyp8b1*^{-/-} mice, at a total concentration of 219 nmol/mg (Fig. 6C), followed by monoacylglycerols at 9.62
235 nmol/mg (Fig. 6D). Triglycerides, while tending to be relatively higher in *Cyp8b1*^{-/-} feces compared to
236 controls, were present at low concentrations. This indicates that the excess fat excreted by *Cyp8b1*^{-/-} mice
237 are primarily hydrolyzed triglycerides.

238 *Intestinal lipid absorption is reduced in mice lacking Cyp8b1*—In order to directly test the absorption of
239 intestinal triglycerides, we used a radiolabeled triglyceride tracer. We injected mice with P-407 to block
240 lipoprotein clearance (29), and administered olive oil containing [³H]-triolein by oral gavage. For each
241 genotype, we used untreated mice and those treated for three days with taurocholic acid (TCA), the major
242 12 α -hydroxylated BA species absent from *Cyp8b1*^{-/-} mice (Table 1, Fig. 1B) (26). We found that plasma

243 [³H] levels of untreated mice reached a level 43.1% lower in *Cyp8b1*^{-/-} compared to controls (Fig. 7A).
244 However, plasma tracer levels were fully restored in mice treated with TCA, indicating that this BA
245 species is sufficient to promote triglyceride absorption.

246 To determine the fate of the tracer, we measured its levels in the intestine, the luminal contents of the
247 colon, and in the feces. 24-hours after delivering the tracer, we found no differences between genotypes in
248 the [³H] content in the intestine (Fig. 8A). However, *Cyp8b1*^{-/-} mice tended to have higher levels of the
249 tracer in colon contents (p=0.06) and feces (p=0.16), which were normalized after TCA treatment (Fig.
250 7B).

251 We also analyzed the total acylglycerol content in these same tissues and feces. We found that in
252 *Cyp8b1*^{-/-} mice, acylglycerols tended to be decreased in the small intestine (Fig. 8B), but increased in
253 stool, and this was normalized after TCA treatment (Fig. 7C).

254 To assess the hydrolysis of the triglyceride tracer, we separated lipid species from fecal lipid extracts
255 using thin layer chromatography. Feces from *Cyp8b1*^{-/-} mice tended to have increases in all lipid species,
256 but the vast majority of tracer was found in the free fatty acid fraction (Fig. 7D). This indicates that the
257 altered BA composition in these mice causes defective lipid absorption, but sustains normal triglyceride
258 hydrolysis. To assess the re-esterification of the absorbed lipids within the enterocytes, we performed thin
259 layer chromatography on jejunal tissue (Fig. 8C). We found no differences in the ratio of triglyceride to
260 monoacylglycerol or the ratio of triglyceride to free fatty acid (Fig. 8D). This indicates that the altered BA
261 composition in these mice does not adversely impact triglyceride synthesis in enterocytes.

262 *Fat-free diet feeding normalizes body weight and steatosis phenotypes*—To determine whether the
263 dampened absorption of dietary fat was responsible for the differences between genotypes, we fed the
264 mice with a fat-free diet (FFD). We performed this experiment in mice that were weight-matched, due to
265 natural variation. In opposition to what we witnessed for normal chow and WTD, no differences in body
266 weight developed between the two genotypes over the 4-week FFD feeding period (Fig. 9A). Moreover,
267 FFD-fed mice showed no differences between genotypes in fat mass, liver fat, fecal acylglycerols, or fecal
268 calories (Fig. 9B-E).

269 We also performed this experiment in typical cohorts where *Cyp8b1*^{-/-} mice weigh less than controls at
270 baseline, and then fed the mice the FFD. In this experiment, there was no further divergence in body
271 weight between genotypes, and the mice gained an equal amount of fat over 4-week FFD feeding period
272 (Fig. 9F-G). Overall, these findings demonstrate that dietary fat is the primary cause of the lean
273 phenotype of *Cyp8b1* deficient mice.

274

275 **DISCUSSION**

276 In this work we show that CYP8B1 is necessary to promote dietary lipid absorption in mice. The
277 absence of *Cyp8b1* led to reductions in WTD-induced weight gain, improved insulin sensitivity, and
278 remarkable resistance to fatty liver. These changes were due to malabsorption of dietary fat, subsequent to
279 altered BA composition, without any depletion of the total BA pool size. Amid the robust interest in the
280 metabolic effects of BA signaling pathways, these findings reemphasize the importance of the surfactant
281 function of these molecules in regulating systemic energy metabolism.

282 Cholic acid (CA), the major product of CYP8B1 activity, has been studied at length for its
283 importance in cholesterol homeostasis. In mice, it is required for activating FXR and the downstream
284 negative feedback loops that regulate the conversion of cholesterol into BA (26). CA also has a central
285 role in promoting intestinal cholesterol absorption (30), an effect that is independent of FXR (32). This
286 combination of increased cholesterol catabolism and decreased cholesterol absorption leads to reduced
287 atherosclerosis and reduced gallstone formation in *Cyp8b1* deficient mice (32) (39, 42). Thus eliminating
288 CA may be cardioprotective.

289 On the other hand, the links between 12 α -hydroxylated BAs and energy metabolism have only
290 recently been appreciated. Our lab demonstrated that human subjects in the lowest quartile of BA 12 α -
291 hydroxylation had improvements in insulin-stimulated glucose disposal as well as lower free fatty acids,
292 triglycerides, and fatty liver (13). Thus understanding the direct links between 12 α -hydroxy BAs and
293 lipid homeostasis is relevant to humans. Recent work from two laboratories has demonstrated that
294 *Cyp8b1*^{-/-} mice have low body weight, improved glucose tolerance, and higher calorie excretion (4, 20).

295 In the present work we demonstrate that these changes are due to reduced absorption of dietary
296 triglycerides, despite normal triglyceride hydrolysis and normal triglyceride synthesis in the intestinal
297 wall. We showed that the absorption can be restored with TCA treatment. Finally, we definitively
298 demonstrated that the effects of *Cyp8b1* on body weight are due to intestinal fat, as there are no changes
299 in energy expenditure, and the phenotypes are normalized when mice were fed a fat-free diet. These
300 findings suggest the possibility of treating obesity by altering the bile acid pool composition to decrease
301 12α -hydroxy BAs (such as TCA). Such a treatment strategy may require substantial alterations in BA
302 composition in order to affect whole body energy metabolism, as indicated by the mild phenotype of
303 *Cyp8b1* heterozygous mice. Nevertheless, it may have the dual effect of reducing intestinal fat absorption
304 and at the same time improving glucose metabolism.

305 A key mechanism by which BAs promote lipid absorption is by solubilizing lipids near the brush
306 border membrane, to allow uptake into enterocytes. But BAs are also important for the activity of
307 pancreatic lipase, particularly in acidic conditions, as found in the duodenum and jejunum (5). Our
308 findings demonstrate that the altered BA composition of *Cyp8b1*^{-/-} mice affects the ultimate uptake of fat
309 into the enterocytes, despite relatively normal fat hydrolysis. Although there are some limitations in our
310 methods—collecting feces over 24h may introduce some bias due to metabolism by fecal microbiota, and
311 our intestinal samples are a combination of luminal contents as well as intestinal tissue—overall these
312 findings suggest that the physicochemical properties of BAs affect fat uptake and fat hydrolysis
313 differently.

314 A wealth of prior evidence demonstrates the importance of intestinal fat absorption in body weight
315 maintenance. A critical step in fat absorption is the glycerol phosphate pathway, where free fatty acids
316 and monoacylglycerols absorbed by the enterocytes are re-esterified into triglycerides to be packaged into
317 chylomicrons. This process is carried out by monoacylglycerol- and diacylglycerol acyltransferases
318 (MGATs and DGATs). Indeed, deletion or inhibition of MGAT2 or DGAT1 results in reduced fat
319 absorption, resistance to obesity, improved glucose tolerance, and reduced fatty liver (1, 35, 38, 45).
320 Inhibitors of pancreatic lipase also reduce intestinal fat absorption and cause weight loss, due to excretion

321 of intact dietary triglycerides (17, 23). Our current finding that *Cyp8b1*^{-/-} mice excrete hydrolyzed fats,
322 and show no aberrant accumulation of lipid in the intestinal wall, indicates that the mechanisms and
323 consequences of the lipid malabsorption in these mice are unique in comparison to inhibition of MGAT,
324 DGAT, or pancreatic lipase.

325 These new data may shed light on whether aberrant regulation of *Cyp8b1* can contribute to the
326 pathogenesis of obesity and insulin resistance. *Cyp8b1* expression is regulated by insulin action: its
327 expression requires FOXO transcription factors, which are inactivated by insulin signaling. This is clearly
328 shown in mice lacking *FoxO1*, which are insulin sensitive and have low levels of 12 α -hydroxy BAs (15).
329 On the other hand, murine models of diabetes have increased 12 α -hydroxy BAs: genetic ablation of
330 hepatic insulin receptor causes an increase in FOXO1 activity and a higher abundance of CA (3). A
331 similar result was found in non-obese spontaneously diabetic (NOD) mice (36), and Alloxan-treated mice
332 (2). This effect also occurs in human subjects with obesity and type 2 diabetes, who have higher 12 α -
333 hydroxy BA synthesis (6, 14). Our findings suggest that this change in BA pool composition may not
334 only increase the absorption of cholesterol (2), but also dietary triglycerides. Thus it's possible that the
335 effect of insulin resistance to change BA composition in the natural history of type 2 diabetes further
336 worsens metabolic outcomes in a feed-forward fashion.

337 We have demonstrated that eliminating 12 α -hydroxy BAs improves body weight, liver steatosis and
338 lipid homeostasis during western diet feeding. This is due to reduced intestinal absorption of fat. This is
339 of no particular hindrance in normal feeding conditions, but is protective when consuming a fat-rich diet.
340 These findings suggest the possibility of CYP8B1 as a therapeutic target for obesity, fatty liver and
341 hypertriglyceridemia.

342

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347

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352

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355

356 *Author Contributions*—E.B. designed and performed experiments, analyzed data, and wrote the
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358 R.B.C performed the lipidomic studies and edited the manuscript. K.K.J., J.C.P., and L.W. supplied the
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362 *Abbreviations used in this paper*—7-HCO, 7-hydroxy-4-cholesten-3-one; 7,12-diHCO, 7,12-dihydroxy-
363 4-cholesten-3-one; α MCA, alpha-muricholic acid; β MCA, beta-muricholic acid; BA, bile acid; CA,
364 cholic acid; CDCA, chenodeoxycholic acid; CE, cholesterol esters; DCA, deoxycholic acid; DG,
365 diacylglycerol; FC, free cholesterol; FFD, fat free diet; GCA, glycocholic acid; GCDCA,
366 glycochenodeoxycholic acid; GDCA, glycodeoxycholic acid; GUDCA, glycoursodeoxycholic acid;
367 HDCA, hyodeoxycholic acid; LCA, lithocholic acid; LI, large intestine; MG, monoacylglycerol; MCA,
368 muricholic acid; PC, phosphatidylcholine; NOD, non-obese spontaneously diabetic mice; PE,
369 phosphatidylethanolamine; RER, respiratory exchange ratio; SI, small intestine; SM sphingomyelin; T- α
370 & β MCA, tauro-alpha and beta muricholic acid; TCA, taurocholic acid; TCDCA taurochenodeoxycholic

371 acid; TDCA, taurodeoxycholic acid; TG, triacylglycerol; TLCA, tauroolithocholic acid; UDCA,
372 ursodeoxycholic acid; WTD, western-type diet.

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512 **FIGURE LEGENDS**

513 **Figure 1. *Cyp8b1* expression and bile acid quantitation.** (A) Liver gene expression of *Cyp8b1*. (B)
514 Absolute quantitation of the total bile acid pool. 12-hydroxylated bile acids are colored in shades of blue.
515 Non-12-hydroxylated bile acids are colored in shades of red. (C) Relative bile acid pool composition. (D)
516 Ratio of 12-hydroxylated to non-12-hydroxylated bile acids. *P<0.05, **P<0.01, ***P<0.001,
517 ****P<0.0001 between indicated groups. ^{aa}P<0.01, ^{aaa}P<0.001 ^{aaaa}P<0.0001 compared to control, ^{bb}P<0.01
518 ^{bbbb}P<0.0001 compared to heterozygous. Symbols in blue show statistics for comparisons of 12-
519 hydroxylated bile acids. Symbols in red show statistics for comparisons of non-12-hydroxylated bile
520 acids. TMCA = T- α & β MCA.

521 **Figure 2. Body weight, mass composition, and glucose tolerance.** (A) Body weight of mice on chow
522 diet. (B) Body weight curve on western-type diet (WTD). (C) Body mass composition at the beginning
523 (t0) and after 4 weeks WTD feeding. (D) Change in mass due to WTD. (E-F) Plasma insulin and glucose
524 after an overnight fast. (G) Hepatic content of glycogen after 4 hours refeeding WTD. (H-I) Oral glucose
525 tolerance test and area under the curve. (n=7). Values are displayed as mean \pm SEM. For acylglycerols and
526 cholesterol, values were averaged from two technical replicates. Statistical significance is represented
527 as: *p <0.05, **p <0.01 measured by one-way ANOVA. For panel B, we used ANOVA with repeated
528 measures.

529 **Figure 3. Hepatic and circulating lipids.** (A-C) Hepatic acylglycerols and cholesterol during chow and
530 WTD feeding, and Oil Red O staining of frozen livers. Scalebar is 200 μ m. (D-E) Plasma levels of
531 cholesterol and acylglycerols in the ad libitum fed and overnight fasted state. (n=7). Values are displayed
532 as mean \pm SEM. For cholesterol, and acylglycerols, results are averaged from two technical replicates.
533 Statistical significance is represented as: ****p < 0.0001 *Cyp8b1*^{+/-} vs control, measured by one-way
534 ANOVA.

535 **Figure 4. Energy expenditure and fecal caloric output.** (A-D) Indirect calorimetry measurement of
536 heat production, respiratory exchange ratio, volume of oxygen consumed and locomotor activity. (E) 24-
537 hour food intake on WTD. (F) Quantification of heat production per gram of body weight. (n=8) Values
538 are displayed as mean \pm SEM.

539 **Figure 5. Fecal caloric output.** (A-B) Fecal caloric content from chow and WTD-fed mice, as measured
540 by bomb calorimetry. (C-D) Fecal mass output from chow and WTD-fed mice collected over a 24h
541 period. (n=8) Values are displayed as mean \pm SEM, values were averaged from two technical replicates.
542 Statistical significance is shown as: *p <0.05, **p <0.01, measured by two-way ANOVA.

543 **Figure 6. Lipidomic analysis.** (A-B) Heatmaps representing the ratio of *Cyp8b1*^{-/-} mice to littermate
544 controls for lipid species in intestinal tissue and feces. (A) tri- di- and monoacylglycerol [TG, DG, MG]
545 and (B) free fatty acids. (C-D) Quantitation of lipid species in feces (n=8).

546 **Figure 7. Lipid absorption.** (A) Plasma [³H]-triolein-derived counts (cpm) in untreated (left) and TCA-
547 treated mice (right). (B) [³H] counts in feces and colon contents (cpm/mg). (C) Total acylglycerols in feces
548 and colon contents. (D) Triolein-derived [³H] counts in lipid species separated by thin layer
549 chromatography. (n=6) Statistical significance is represented as: **p <0.01, measured by one-way
550 ANOVA.

551 **Figure 8. Lipid accumulation in the enterocytes.** (A) Triolein-derived [³H] in intestinal wall (cpm/mg).
552 (B) Total acylglycerols in intestine. (C) Triolein-derived counts in lipid species separated by thin layer
553 chromatography in jejunum (cpm/mg). (D) Ratio of TAG to MAG and TAG to FFA. (n=6)

554

555 **Figure 9. Fat free diet feeding.** (A) Body weight curves of mice on fat free diet, for mice starting at the
556 same body weight. Panels B-E show measurements from these mice. (B) Body mass composition after 3
557 weeks FFD feeding. (C) Hepatic levels of acylglycerols and cholesterol. (D) Levels of fecal acylglycerols.
558 (E) Fecal caloric content from mice fed FFD, ad libitum. (F) Body weight curve of mice on FFD. (G) Fat
559 mass gain after 4 weeks of FFD feeding, for same mice shown in panel F. (n=6) Values are displayed as
560 mean \pm SEM, statistical significance is represented as: *p <0.05, **p <0.01, *Cyp8b1*^{-/-} vs control,
561 measured by one-way ANOVA.

562

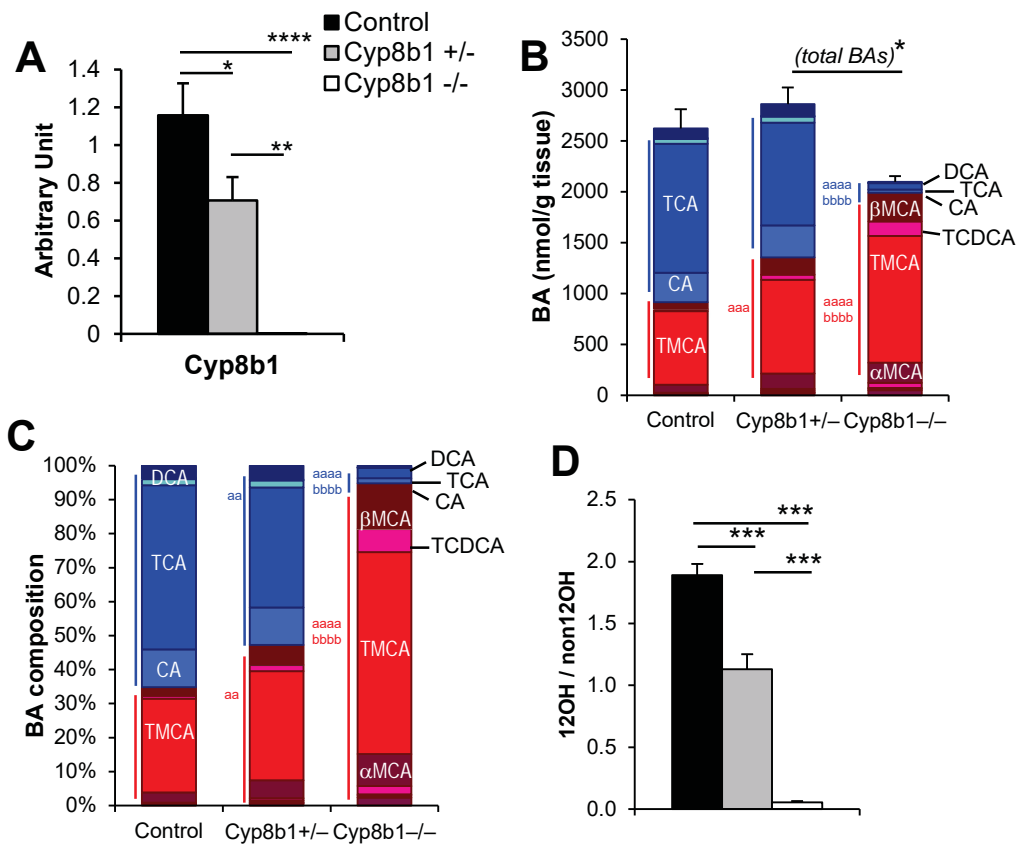


Figure 1

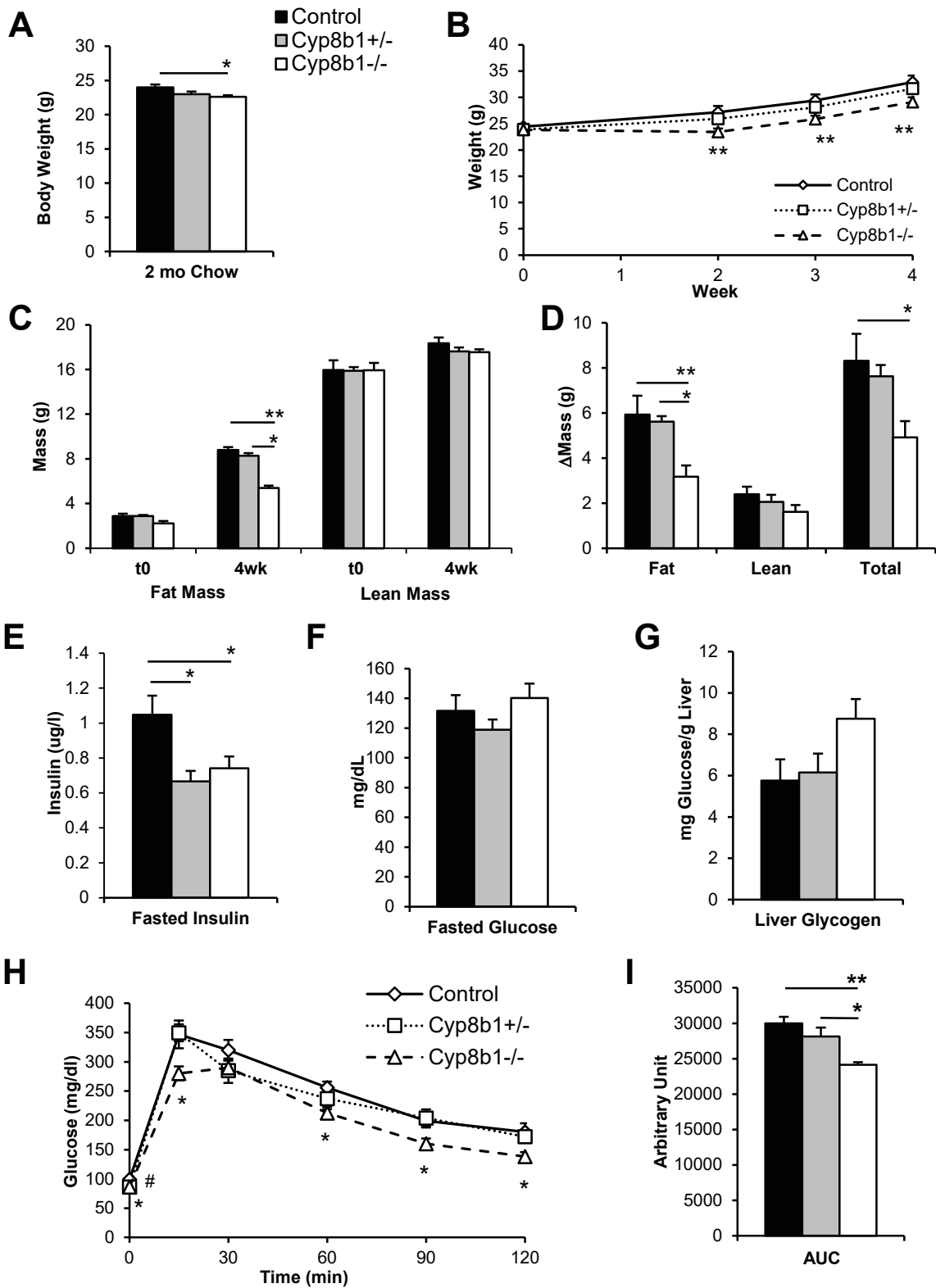


Figure 2

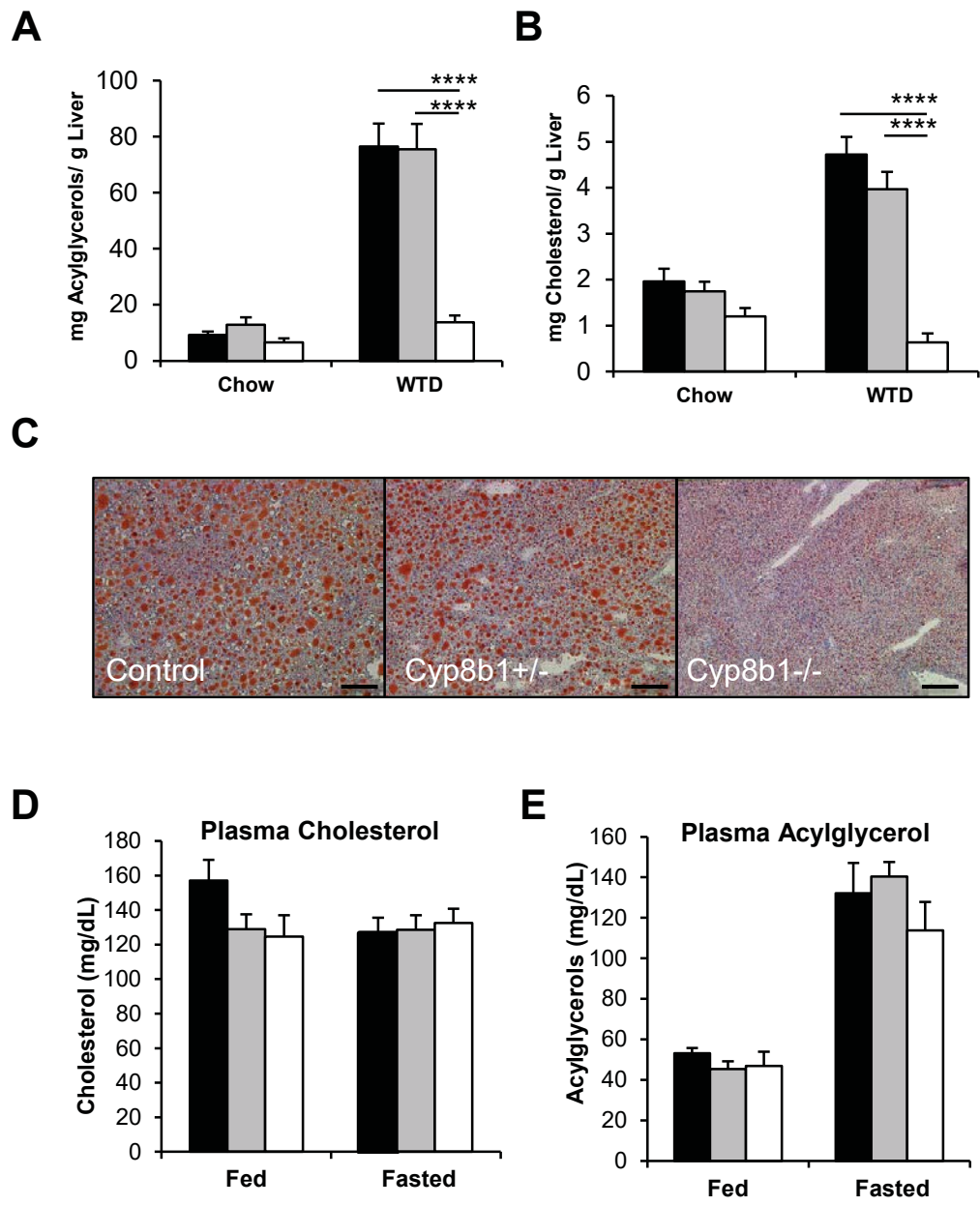


Figure 3

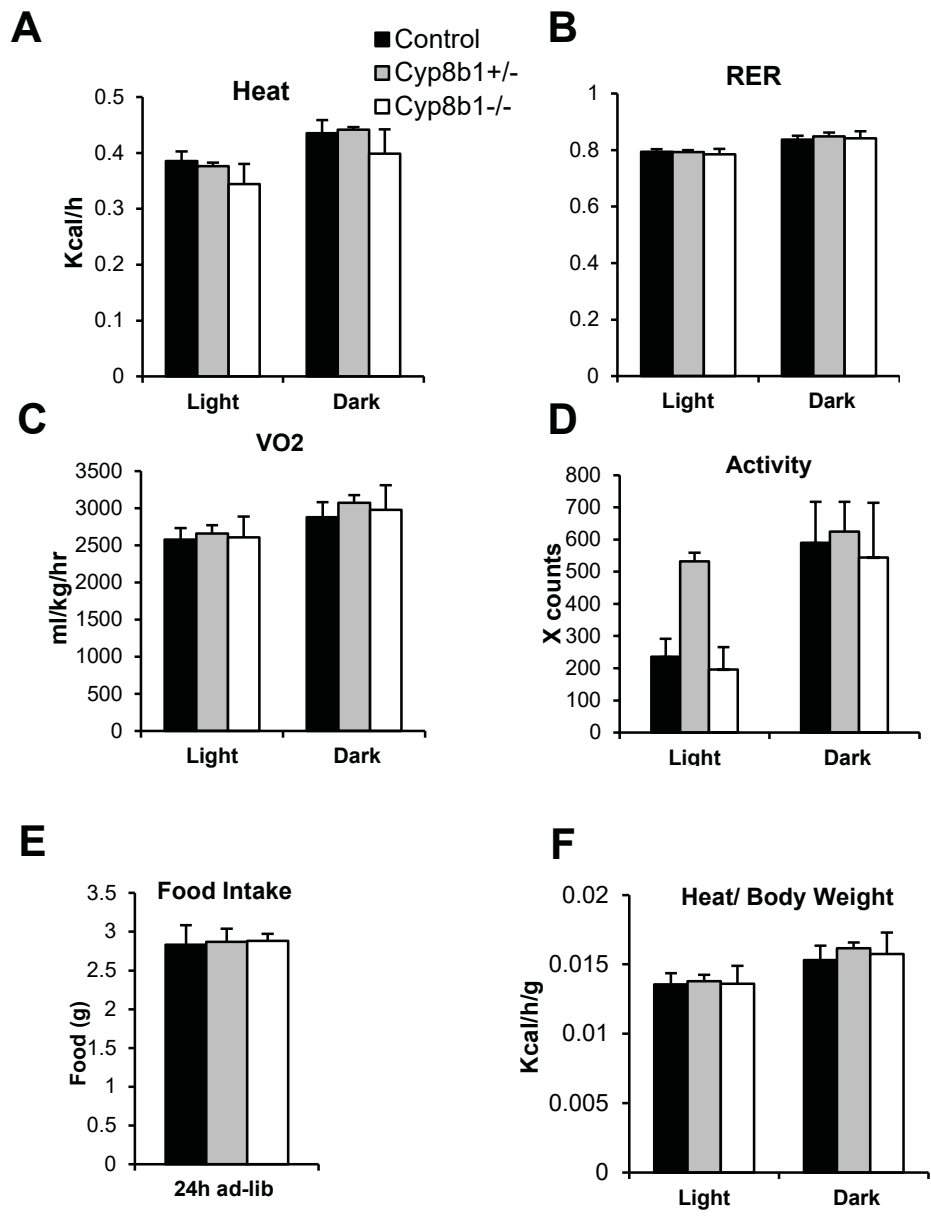


Figure 4

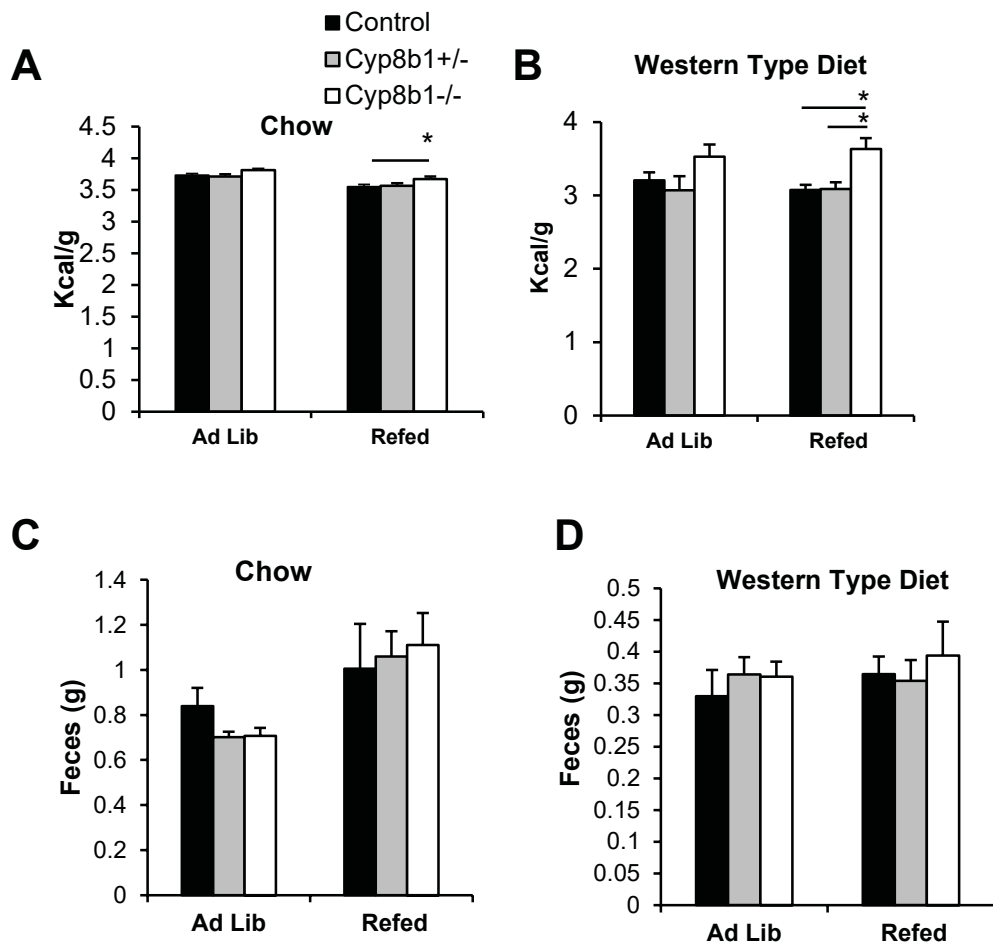


Figure 5

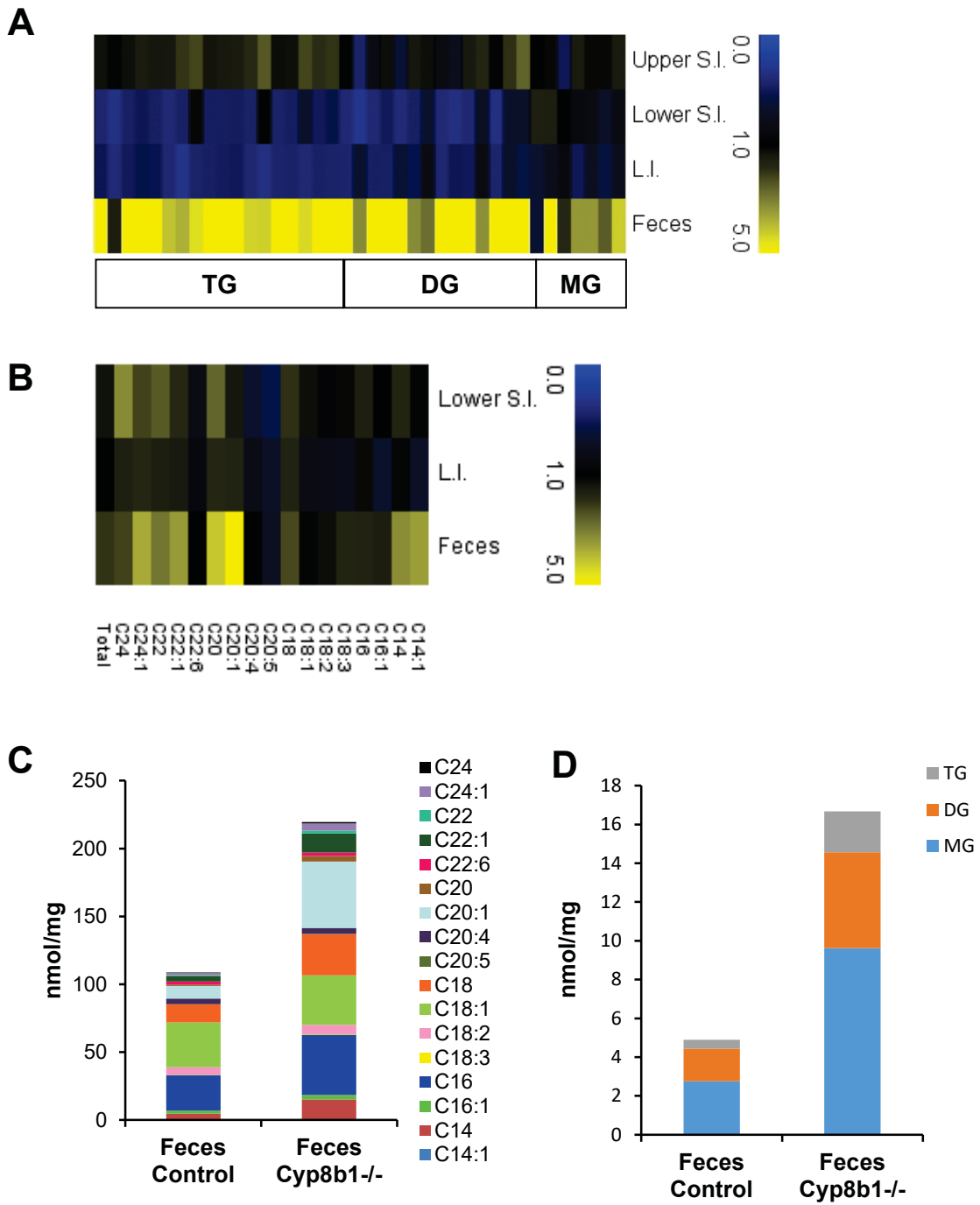


Figure 6

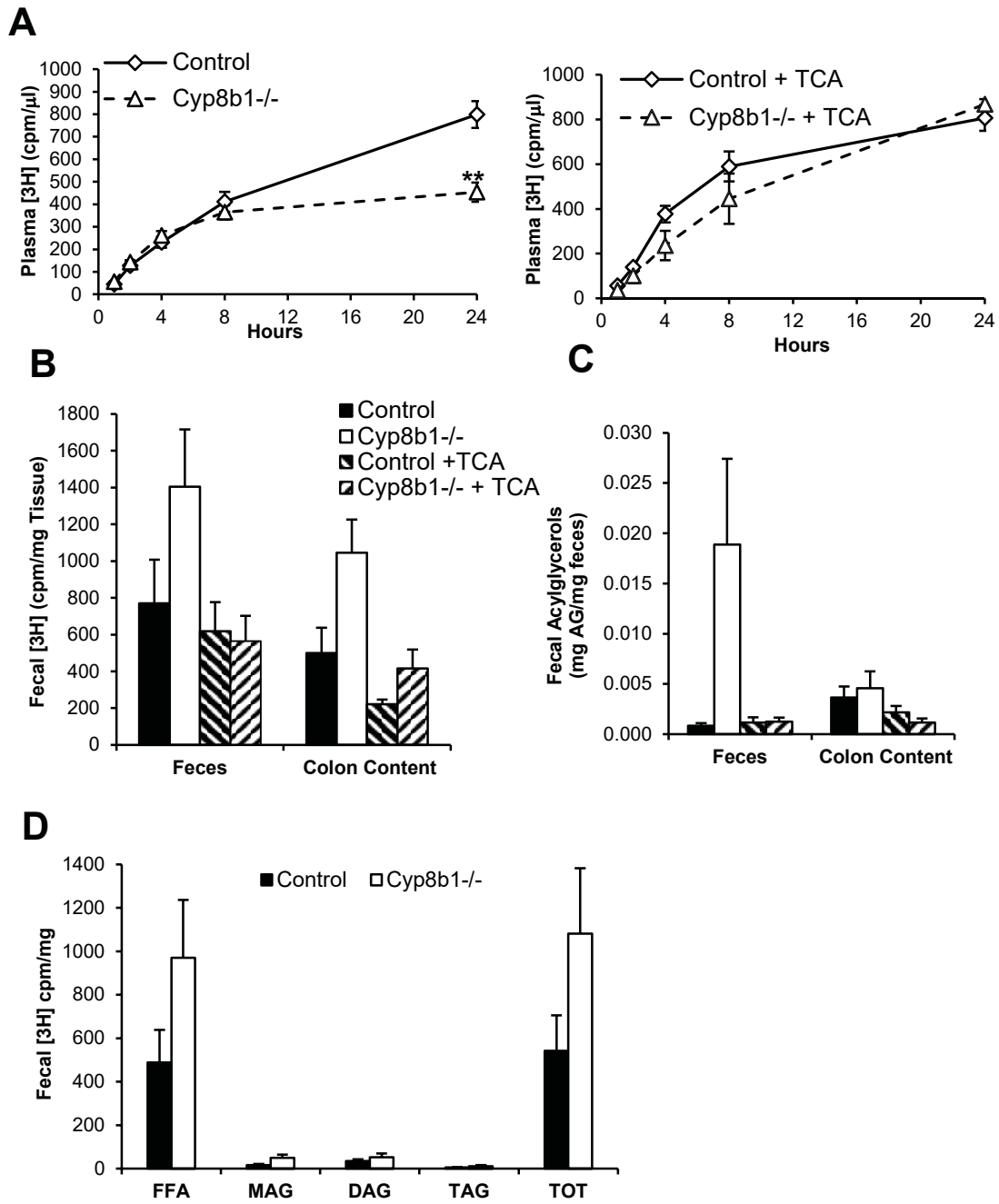


Figure 7

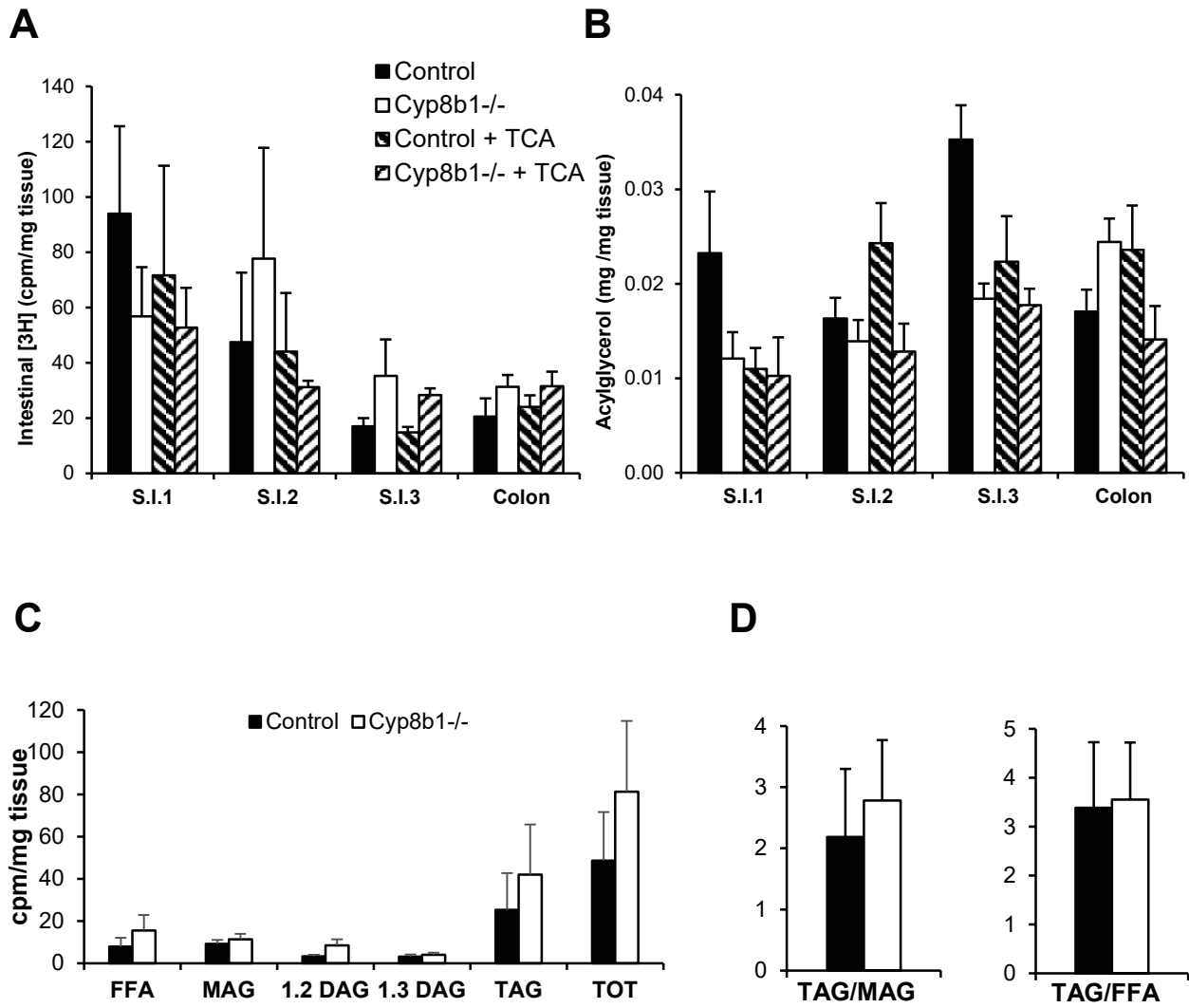


Figure 8

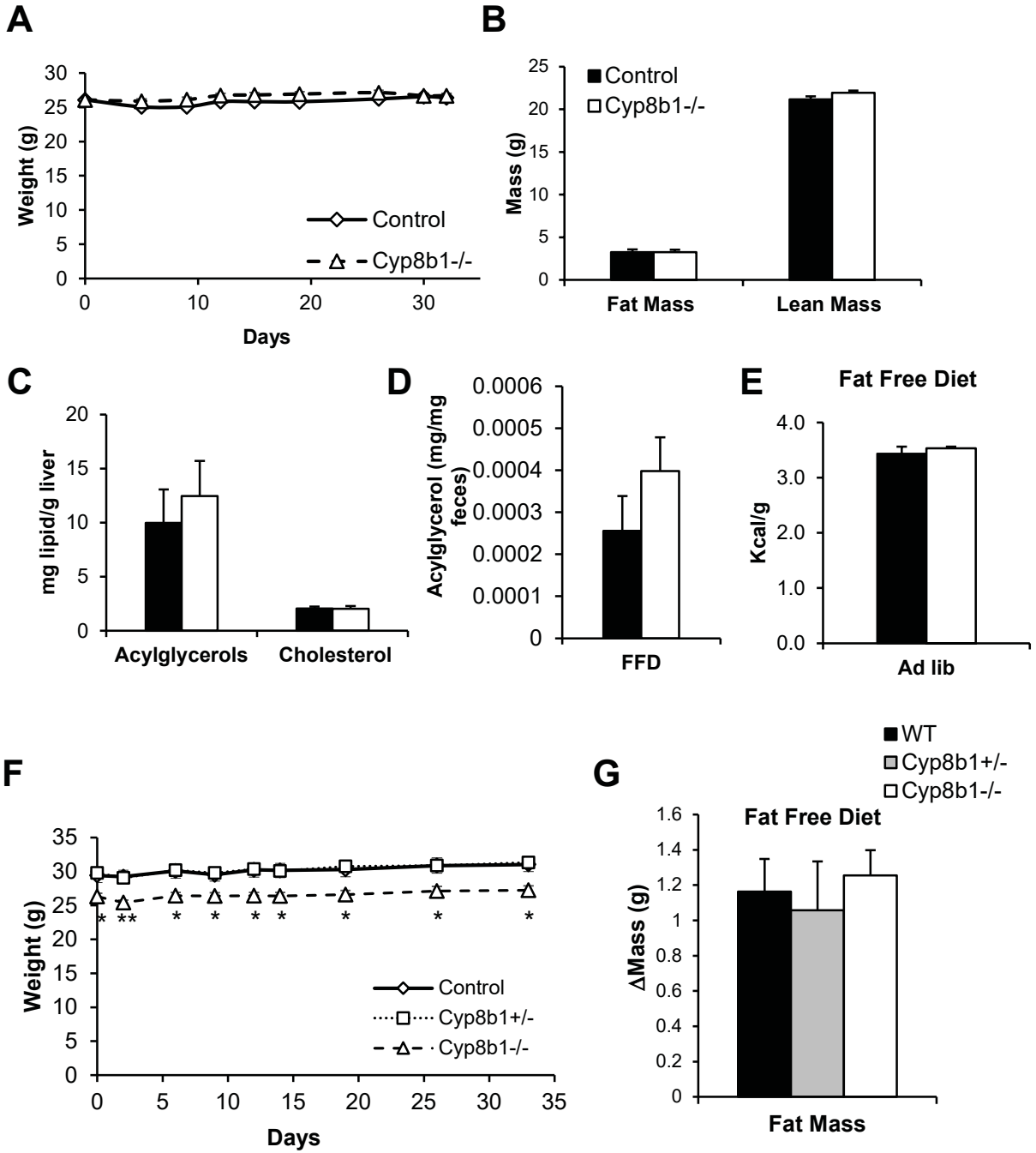


Figure 9

Table 1. Total levels of bile acids (nmol/g) assessed by LC-MS/MS.

	Control	Cyp8b1^{+/-}	Cyp8b1^{-/-}
CA (12-OH)	292.1 ± 45.1	314.5 ± 75.8	31.2 ± 7.8 ^{* #}
DCA (12-OH)	94.5 ± 10.9	116.6 ± 12.1	11.1 ± 2.6 ^{*** #####}
TCA (12-OH)	1267 ± 115.9	1009.8 ± 17.8	63.4 ± 20.4 ^{**** ###}
GCA (12-OH)	8.9 ± 0.5	7.7 ± 0.9	1.3 ^{**** #####}
TDCA (12-OH)	46.9 ± 5.3	60.5 ± 11.9	2.4 ± 0.6 ^{** ###}
GDCA (12-OH)	nd	nd	nd
CDCA	6.1 ± 1.1	18.33 ± 3	50.5 ± 10.2 ^{*** ##}
LCA	2.9 ± 0.3	7.0 ± 0.5	13.2 ± 3.4 ^{** #}
UDCA	8.1 ± 1.2	20.2 ± 7	48.9 ± 10.5 ^{** #}
HDCA	5.2 ± 0.8	14.9 ± 1.4 ^{**}	6.6 ± 2.4 ^{##}
TCDC	21 ± 1.7	50.8 ± 6.2	142.8 ± 27.2 ^{**** ###}
GCDCA	0.2	0.3 ± 0.02	0.8 ± 0.2 ^{** ##}
TLCA	0.4 ± 0.1	0.9 ± 0.1	1.5 ± 0.4 ^{**}
GUDCA	nd	0.6 ± 0.0	1 ± 0.1
αMCA	78.2 ± 7.4	152 ± 8.2 [*]	198.3 ± 41 ^{**}
βMCA	65.8 ± 13.3	168.4 ± 47.1	279.6 ± 36.8 ^{**}
T-α & βMCA	724.7 ± 64.9	920.3 ± 47.4	1246 ± 107 ^{*** #}
Total	2622.7 ± 189.2	2862.8 ± 163.6	2098.9 ± 54.2 [#]
Sum 12-hydroxy	1709.5 ± 124	1509 ± 155	109.5 ± 21.4 ^{**** #####}
Sum non-12-hydroxy	913.2 ± 74.3	1353.4 ± 63.5 ^{***}	1989.4 ± 44.3 ^{**** #####}

CA, cholic acid; DCA, deoxycholic acid; TCA, taurocholic acid; GCA, glycolcholic acid; TDCA, taurodeoxycholic acid; GDCA, glycodeoxycholic acid; CDCA, chenodeoxycholic acid; LCA, lithocholic acid; UDCA, ursodeoxycholic acid; HDCA, hyodeoxycholic acid; TCDC, taurochenodeoxycholic acid; GCDCA, glycochenodeoxycholic acid; TLCA, tauroolithocholic acid; GUDCA, glyoursodeoxycholic acid; αMCA, alpha-muricholic acid; βMCA, beta-muricholic acid; T-α & β MCA, tauro-alpha and beta muricholic acid. Species marked (12-OH) are 12α-hydroxylated. Those that are unmarked are non-12α-hydroxylated. Data are expressed as mean ± SEM. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 versus Control, #p < 0.05, ##p < 0.01, ###p < 0.001, ####p < 0.0001 versus Cyp8b1^{+/-} measured by 1way ANOVA (n=6). nd=not detected. Sum 12-hydroxy is the sum of CA, DCA, TCA, CA

Table 2. Total levels of free fatty acids in intestine and feces (nmol/mg) assessed by HPLC-MS.

	S. I. Control	S. I. Cyp8b1-/-	L. I. Control	L. I. Cyp8b1-/-	Feces Control	Feces Cyp8b1-/-
C14	11.47 ± 1.70	19.78 ± 1.54 **	5.61 ± 0.69	6.35 ± 0.94	4.54 ± 1.82	14.92 ± 4.89
C14:1	0.29 ± 0.03	0.33 ± 0.03	0.13 ± 0.01	0.09 ± 0.01	0.05 ± 0.01	0.18 ± 0.04 **
C16	29.90 ± 2.91	47.93 ± 3.00 ***	18.35 ± 2.06	21.95 ± 2.70	26.36 ± 7.17	44.25 ± 12.50
C16:1	10.69 ± 1.23	11.15 ± 1.27	4.74 ± 0.51	3.23 ± 0.52	2.18 ± 0.85	3.40 ± 1.23
C18	8.89 ± 0.88	17.50 ± 1.30 ***	7.04 ± 1.15	11.97 ± 1.69 *	13.32 ± 2.87	30.36 ± 7.95
C18:1	50.49 ± 4.04	64.56 ± 4.04 *	31.34 ± 2.92	26.77 ± 3.66	32.95 ± 11.38	36.57 ± 10.67
C18:2	26.05 ± 1.69	25.31 ± 1.74	17.12 ± 1.62	13.94 ± 2.16	5.50 ± 2.13	6.91 ± 3.59
C18:3	2.04 ± 0.18	2.38 ± 0.27	1.16 ± 0.14	0.92 ± 0.16	0.24 ± 0.10	0.41 ± 0.20
C20	0.16 ± 0.02	0.43 ± 0.04 ****	0.28 ± 0.07	0.50 ± 0.07 *	1.02 ± 0.11	4.24 ± 0.66 ***
C20:1	2.65 ± 0.30	3.75 ± 0.30 *	2.79 ± 0.62	4.72 ± 0.80	9.37 ± 2.17	48.94 ± 12.63**
C20:4	5.76 ± 0.60	3.91 ± 0.47 *	3.56 ± 0.49	2.97 ± 0.33	4.01 ± 2.21	4.21 ± 2.10
C20:5	0.62 ± 0.06	0.35 ± 0.05 **	0.32 ± 0.05	0.23 ± 0.03	0.28 ± 0.16	0.21 ± 0.12
C22	0.04 ± 0.01	0.11 ± 0.01 ***	0.16 ± 0.03	0.26 ± 0.03	0.66 ± 0.06	1.94 ± 0.31 **
C22:1	0.26 ± 0.02	0.47 ± 0.04 ***	0.64 ± 0.16	0.97 ± 0.13	4.07 ± 0.96	14.11 ± 2.80 **
C22:6	1.70 ± 0.25	1.45 ± 0.09	1.21 ± 0.15	1.09 ± 0.12	2.24 ± 1.26	2.36 ± 0.95
C24	0.03 ± 0.01	0.10 ± 0.01 ***	0.15 ± 0.02	0.24 ± 0.02 *	0.46 ± 0.04	1.01 ± 0.20 *
C24:1	0.09 ± 0.01	0.19 ± 0.01 ****	0.26 ± 0.04	0.45 ± 0.07 *	1.45 ± 0.32	5.40 ± 1.20 **
Total	151.13 ± 10.92	199.69 ± 11.99 *	94.85 ± 9.34	96.65 ± 11.72	108.70 ± 32.92	219.44 ± 49.42
Saturated	50.49 ± 5.35	85.85 ± 5.16***	31.58 ± 3.92	41.26 ± 5.33	46.36 ± 11.95	96.72 ± 25.9
Unsaturated	100.64 ± 6.86	113.83 ± 7.52	63.26 ± 5.9	55.38 ± 7.42	62.33 ± 21.14	122.72 ± 31.1
LCFA (C14-C20)	149.01 ± 10.98	197.38 ± 11.96*	92.42 ± 9.04	93.64 ± 11.44	99.81 ± 30.39	194.62 ± 45.55
VLCFA (≥C22)	2.11 ± 0.23	2.3 ± 0.11	2.42 ± 0.34	3.00 ± 0.31	8.89 ± 2.58	24.82 ± 5.12*

Data are expressed as mean ± SEM. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 measured by student's t-test (n=8). LCFA=long chain fatty acids; VLCFA=very long chain fatty acids.

Table 3 Total levels of other lipid species in intestine and feces (nmol/mg) assessed by HPLC-MS.

	Upper S.I. Control	Upper S.I. Cyp8b1-/-	Lower S.I. Control	Lower S.I. Cyp8b1-/-	L.I. Control	L.I. Cyp8b1-/-	Feces Control	Feces Cyp8b1-/-
MG	3.30 ± 0.14	4.12 ± 0.19 **	7.37 ± 0.35	6.32 ± 0.37	9.09 ± 0.94	6.65 ± 0.44 *	2.76 ± 0.96	9.63 ± 7.03
DG	11.86 ± 1.89	14.75 ± 1.15	18.51 ± 2.49	8.67 ± 1.74 **	8.86 ± 1.68	5.15 ± 0.44 *	1.67 ± 0.44	4.95 ± 2.08
TG	36.63 ± 6.01	59.34 ± 10.22	135.84 ± 20.79	70.68 ± 10.77 **	69.39 ± 10.73	31.72 ± 4.95 **	0.46 ± 0.13	2.10 ± 0.91
SM	12.70 ± 0.69	14.05 ± 0.92	8.36 ± 0.87	5.10 ± 0.70 **	4.48 ± 0.43	3.32 ± 0.32 *	0.06 ± 0.02	0.75 ± 0.51
PC	32.35 ± 2.26	34.46 ± 1.38	23.38 ± 1.89	15.38 ± 1.72 **	14.68 ± 1.56	11.82 ± 1.27	0.09 ± 0.05	0.44 ± 0.20
PE	11.80 ± 1.08	10.99 ± 0.58	0.36 ± 0.03	0.20 ± 0.04 **	0.19 ± 0.03	0.16 ± 0.02	0.01 ± 0.01	0.01 ± 0.01

Data are expressed as mean ± SEM. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 in Cyp8b1^{-/-} versus controls, measured by student's t-test (n=8). Phosphatidylethanolamine [PE], phosphatidylcholine [PC], sphingomyelin [SM], tri- di and monoacylglycerol [TG, DG, MG].

MG group is composed of: MG 16:0, MG 16:1, MG 18:0, MG 18:1, MG 18:2, MG 18:3, MG 20:0, MG 20:2, MG 20:3, MG 20:4, MG 22:0, MG 22:3, MG 22:4, MG 22:5.

DG group is composed of: DG 28:0/14:0, DG 30:0/14:0, DG 30:1/14:0, DG 32:0/16:0, DG 32:1/16:0, DG 32:2/16:1, DG 34:0/16:0, DG 34:1/16:0, DG 34:2/16:0, DG 34:2/16:1, DG 36:0/18:0, DG 36:1/18:0, DG 36:2/18:0, DG 36:2/18:1, DG 36:3/18:1, DG 36:4/18:0, DG 38:2/18:0, DG 38:2/18:1, DG 38:3/18:0, DG 38:3/18:1, DG 38:4/18:0, DG 38:4/18:1, DG 40:4/18:0, DG 40:5/18:0, DG 40:5/18:1, DG 40:6/18:0, DG 40:6/18:1.

TG group is composed of: TG 48:0/16:0, TG 48:1/16:0, TG 50:0/16:0, TG 50:1/16:1, TG 50:2/16:1, TG 52:0/18:0, TG 52:1/18:0, TG 52:2/18:0, TG 52:3/18:1, TG 52:4/18:1, TG 52:5/20:4, TG 54:0/18:0, TG 54:1/18:0, TG 54:2/18:0, TG 54:3/18:0, TG 54:4/18:1, TG 54:4/20:4, TG 54:5/18:1, TG 54:6/18:1, TG 54:6/20:4, TG 54:7/18:1, TG 56:4/18:1, TG 56:4/20:4, TG 56:5/18:1, TG 56:8/20:4, TG 56:9/20:4, TG 58:7/20:4, TG 58:8/22:6, TG 58:9/22:6.

SM group is composed of: SM d18:1/16:0, SM d18:1/16:1, SM d18:1/18:0, SM d18:1/18:1, SM d18:1/20:0, SM d18:1/20:1, SM d18:1/22:0, SM d18:1/22:1, SM d18:1/24:0, SM d18:1/24:1.

PC group is composed of: PC 30:0, PC 32:0, PC 32:1, PC 34:0, PC 34:1, PC 34:2, PC 36:0, PC 36:1, PC 36:2, PC 36:3, PC 36:4, PC 38:1, PC 38:2, PC 38:3, PC 38:4, PC 38:5, PC 38:6, PC 40:4, PC 40:5, PC 40:6, PC 40:7.

PE group is composed of: PE 30:0, PE 32:0, PE 32:1, PE 34:0, PE 34:1, PE 34:2, PE 36:0, PE 36:1, PE 36:2, PE 36:3, PE 36:4, PE 38:0, PE 38:1, PE 38:2, PE 38:3, PE 38:4, PE 38:5, PE 38:6, PE 40:4, PE 40:5, PE 40:6.